

Independent Living Centre St. George's Road Semington Trowbridge BA14 6JQ

Tel: 01380 871007

## STUDY SESSION

## 'Fatigue Management: everyone's business'

## **19TH OCTOBER 2017**

9.30am - 12.00pm

Delivered by Dr Anne Johnson (PhD, MA, RNMH, FETC, Dip COT, HCPC Registered)

Clinical Lead/Consultant Occupational Therapist & Macmillan Professional
Bath Centre for Fatigue Services
Royal National Hospital for Rheumatic Diseases

- Fatigue: what is it?
- When does it happen?
- Strategies for supporting people with significant fatigue
- Next steps
- Q & A's

Certificates of Attendance Provided.

Hot drinks available £1 each.

To book your FREE place, Call 01380 871007.

We look forward to seeing you!

Free, impartial advice to elderly and disabled people, offering practical solutions for easier living

**President:** Dr A K CLARKE F.R.C.P.

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